

# 护生对待死亡及临终关怀态度的调查分析

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**摘要:**目的 了解护生对待死亡及临终关怀的态度,为护理专业开展相关教育提供依据。方法 2013年9月选取华中科技大学护理系本科及专科护生519名,采用死亡及临终关怀态度问卷进行调查。内容包括对个人死亡及濒死的态度、对患者死亡及濒死的态度、对临终关怀照护的态度、认为自己了解临终关怀学和认为自己有必要学习临终关怀知识5个主题,共13个条目。结果 所调查护生总体具有较积极的死亡观和临终关怀照护态度,但在心理、知识和技能方面尚不能满足临终关怀服务的需求。不同性别、学历和家庭背景护生对待死亡及临终关怀的态度比较,差异有统计学意义( $P < 0.01$ );是否学习过临终关怀课程及参加临床护理实习对护生了解临终关怀学有显著性影响( $P < 0.01$ ),但对护生对待死亡及临终关怀的态度无显著性影响。结论 目前关于死亡及临终关怀教育有待改进,强化理论知识的同时应注重对护生心理素质和技能的培养,根据护生不同性别、学历和家庭背景实施不同的死亡与临床关怀教育,有助于提升护生的专业水平。

**关键词:**护生;临终关怀;态度;调查

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**Analysis of attitude of nursing students towards death and hospice care** (School of Nursing, Huazhong University of Science and Technology, Wuhan 430030, China)

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**Abstract: Objective** To analyze the attitude of nursing students towards death and hospice care for improving nursing education. **Methods** A questionnaire survey on the attitude towards death and hospice care was made in 519 undergraduate nursing students and junior college nursing students in Huazhong University of Science and Technology in September 2013. The questionnaire included 5 themes and 13 items. Five-point of Likert Scale was used for scoring. **Results** All the nursing students had positive attitude towards death and palliative care, but they failed to meet the needs of palliative care in the aspects of psychology, knowledge and skills. There were significant differences in the attitude towards death and palliative care among nursing students with different gender, education and family background ( $P < 0.01$ ). Whether having attended the course related to palliative care and clinical nursing practice did make a significant difference ( $P < 0.01$ ) in understanding palliative care, but it did not make a significant difference in the attitude towards death and palliative care. **Conclusion** The present education on death and palliative care should be improved to develop the knowledge, skills and psychological quality of nursing students. Meanwhile, the influence of gender, education and family background should be considered.

**Key Words:** Nursing student; Hospice care; Attitude; Investigation

临终关怀是对临终患者及其家属提供全面照顾的服务,包括医疗、护理、心理、社会支持等各个方面,以

提高临终患者的生命质量,减轻其痛苦,并使其家属的身心健康得到维护和增强<sup>[1]</sup>。随着我国人口的老龄化以及疾病谱的改变,社会对临终关怀的需求也不断增加<sup>[2]</sup>。护士作为临终关怀服务的提供者,具备正确的死亡观和临终关怀知识十分必要<sup>[3]</sup>。对于作为临床护理事业储备军的护生亦是如此,然而我国现行的护理

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