

# 护理人员药物不良反应监测知识态度及行为现状调查

张璐, 乔建歌, 杨青敏

(复旦大学附属上海市第五人民医院, 上海 200240)

**摘要:**目的 了解护理人员对药物不良反应监测知识、态度和行为情况,以加强用药安全。方法 采用方便抽样法,于2013年11—12月选取复旦大学附属上海市第五人民医院护理人员,采用自行设计的问卷进行调查,内容包括一般资料、药物不良反应相关知识、药物不良反应监测态度及行为3部分。共发放问卷198份,收回有效问卷164份,有效回收率82.8%。结果 护理人员对药物不良反应监测知识平均得分为 $(6.95 \pm 1.82)$ 分;93.9%护理人员认为要积极上报药物不良反应;78.0%护理人员认为上报药物不良反应是自身的职责;45.7%护理人员不赞同将其作为临床工作的考核指标;67.7%的护理人员曾遇到药物不良反应,其中只有56.8%护理人员上报至有关部门。结论 护理人员对监测药物不良反应的态度总体较为积极,但实际监测情况仍存在一定问题,尚需通过多种途径加强相关培训,激励护理人员主动监测和上报药物不良反应,促进临床安全用药。

**关键词:**护理人员;药物不良反应;监测;调查

中图分类号:R47

文献标识码:A

文章编号:1009-8399(2015)01-0012-04

## Knowledge, attitudes and behaviors related to reporting of adverse drug reactions in nursing staff

(Shanghai Fifth People's Hospital, Fudan University, Shanghai 200240, China)

ZHANG Lu, QIAO Jian-ge, YANG Qing-min

**Abstract: Objective** To investigate the knowledge, attitudes and behaviors related to reporting of adverse drug reactions in nursing staff for monitoring drug safety. **Methods** A questionnaire survey of a convenience sample of 198 nurses in Shanghai Fifth People's Hospital, Fudan University was conducted during November to December 2013. The questionnaire included general information, and knowledge, attitudes and behaviors towards adverse drug reactions. 164 responses were received, with a response rate being 82.8%. **Results** Of the 164 responding nurses, the mean knowledge score was  $(6.95 \pm 1.82)$ . 93.9% nurses believed that nurses should proactively report adverse drug reactions, 78.0% nurses regarded reporting adverse drug reactions as their responsibilities, and 45.7% did not agree to keep it as one of evaluation indicators of clinical performance. 67.7% of nurses had experienced adverse drug reactions, in which 56.8% reported the discovery to the authorities. **Conclusion** The nurses have positive attitude towards monitoring adverse drug reactions, but there are still some problems in clinical monitoring. To improve clinical drug safety, the training of nursing staff should be strengthened including proactive monitoring and reporting of adverse drug reactions.

**Key Words:** Nurse; Adverse drug reaction; Monitoring; Investigation

随着药品种类日益增多,药物不良反应的发生率也逐年增加,特别是在老年人群中更为普遍<sup>[1-4]</sup>。药物不良反应是指合格的药品在正常的用法用量情况下出

现的与药物目的无关的有害反应<sup>[5]</sup>。药物不良反应是引起患者死亡的主要原因之一<sup>[1,6-7]</sup>。严重药物不良反应不仅对患者的生命造成重大威胁,而且延长了住院时间,加重患者经济负担<sup>[3,7,9]</sup>。因此,要加强患者住院期间药物不良反应的监测。有研究指出,在药物不良反应监测方面,护理人员作为临床一线工作者,有着不

收稿日期:2014-08-04

作者简介:张璐(1988-),女,护士,硕士,主要从事临床护理。

通信作者:杨青敏(1958-),女,主任护师,本科,主要从事护理管理。