

# 多学组参与的个案追踪护理查房效果探讨

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**摘要:**目的 探讨多学组参与的个案追踪护理教学查房的效果。方法 南京军区南京总医院自2013年1月开展由全院15个学组共同参与的个案追踪护理教学查房,经过12个月的试行后,通过自行设计问卷调查及统计病房护理不良事件的发生率和上报率,从护士对教学查房的满意度、患者及家属对护理服务的满意度以及护理安全管理3方面,比较其与以往常规护理教学查房的效果。**结果** 实行多学组参与的个案追踪护理教学查房后,护士对教学查房的满意度、患者及家属对护理服务的满意度以及护理安全管理均较之前明显提高( $P$ 均 $<0.05$ )。**结论** 多学组参与的个案追踪护理教学查房形式,能有效提高护士综合素质、提高患者及家属对护理工作的满意度、对护理安全防范起到积极作用,可有效保障患者安全,提高查房效果。

**关键词:** 护理教学查房; 多学组; 个案追踪

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**Effects of follow-up nursing rounds involving multidisciplinary team** (Nanjing General Hospital of Nanjing Military Command, Nanjing 210002, China)

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**Abstract: Objective** To investigate the effects of follow-up nursing rounds involving multidisciplinary team. **Methods** Since January 2013, follow-up nursing rounds involving 15 disciplinary teams had been carried out in our hospital. After 12-month pilot rounds, the effects of the novel nursing rounds were compared with that of the routine nursing rounds, including the nurses' satisfaction with the nursing rounds, the patients' and their relatives' satisfaction with the relatives' care, and the safety management of nursing. **Results** The novel follow-up nursing rounds significantly improved the nurses' satisfaction with the nursing rounds, the patients' and their relatives' satisfaction with the nursing care, and the safety management of nursing (all  $P < 0.05$ ). **Conclusion** The follow-up nursing rounds involving multidisciplinary team can improve the nurses' comprehensive quality, the patients' and their relatives' satisfaction with the nursing care, and the safety management of nursing.

**Key Words:** Nursing teaching round; Multidisciplinary team; Case tracking

护理查房作为一种直观的教育形式,通过对临床真实病例的直观展示,有利于提升护士发现和解决患者健康问题的能力,是培养多层次护理人员的重要手段,也是提高护理质量的重要环节。但随着医疗水平的不断提高和专科护理的不断发展,传统的护理教学

查房流程和方法越来越不适应护理的需要,当患者合并非专科病症时,往往暴露出很多护理人员专科知识的不足和护理上的缺陷<sup>[1]</sup>。例如神经内科患者在住院期间常合并有糖尿病、肺部感染、冠心病、焦虑和营养不良等,这时护士很多非神经内科知识的缺陷就暴露得较明显。为此,我院自2013年1月起在全院各监护病房率先开展了多学组参与的个案追踪护理教学查房,取得了良好效果,现报道如下。

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