

合作学习法在神经外科低年资护士培训中的应用

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摘要:目的 探讨合作学习法在神经外科低年资护士培训中的应用效果。方法 选取2012年1—12月工作于江苏省大丰市人民医院神经外科的15名工作≤3年的护士为对照组,采用传统教学方法培训;2013年1—12月的15名工作≤3年的护士为观察组,采用合作学习法进行培训。通过护理部及科内各项质控检查结果、低年资护士专科理论及操作考核成绩、患者及医师对护理工作满意度和护理不良事件发生率等指标评价培训效果。**结果** 开展合作学习培训后,护士的专科理论及及实践水平、护理工作质量、患者及医师满意率均有显著提高(P 均 <0.05),护理不良事件发生率明显下降($\chi^2 = 5.714, P = 0.017$)。**结论** 采取合作学习法对神经外科低年资护士进行规范化培训,提高了低年资护士综合素质及护理工作质量,保证了护理安全,使患者得到优质、连续、高效的护理。

关键词:低年资护士;神经外科;合作学习法;培训

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Application of cooperative learning method in training of junior nurses in department of neurosurgery

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Abstract: Objective To investigate the effects of cooperative learning method in the training of junior nurses in department of neurosurgery. **Methods** Fifteen junior nurses (working less than 3 years) in department of neurosurgery in our hospital recruited from January to December 2012 were set as controls. They received routine training. Another 15 junior nurses recruited from January to December 2013 were enrolled in the observation group. They received specialized training with cooperative learning method. The training effects were evaluated by the quality inspection of department of nursing and department of neurosurgery, the test scores of professional theories and operation skills, the satisfaction rates of patients and physicians, and the incidences of nursing adverse events. **Results** After cooperative learning, the test scores of professional theories and operation skills, nursing quality, and satisfaction rates of patients and physicians were improved significantly, while the incidences of nursing adverse events were significantly decreased ($\chi^2 = 5.714, P = 0.017$). **Conclusion** The application of cooperative learning method in standardized training of junior nurses in department of neurosurgery can effectively improve their comprehensive quality and nursing quality, and ensure the nursing safety. The patients can obtain high-quality, continuous and effective nursing.

Key Words: Junior nurse; Department of neurosurgery; Cooperative learning method; Training

我院是1所2级甲等综合性医院,神经外科收治的病种多为头颅外伤及脑出血。由于患者病情重、变

化快,基础护理工作量大;由于患者突发疾病,家属承受了心理上及经济上的双重负担,易致情绪不稳定。这些因素导致神经外科护理工作风险高、强度大。相关调查显示,低年资护士多数不愿到神经外科工作^[1];且有文献报道,导致护理不良事件的当事护士中,

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