

结核病专科医院临床护士营养知识现状调查分析

李亚琴, 陈蔚, 罗卉, 杜逸枚

(陕西省西安市结核病胸部肿瘤医院, 西安 710061)

摘要:目的 了解结核病专科医院临床护士的营养知识现状,为制订相应的培训策略和方法提供依据。
方法 自行设计结核病营养知识问卷,包括营养知识现状和营养知识来源两部分。前者共 30 题,包括结核专科营养知识、基础营养知识、肠内外营养知识及营养评估相关知识 4 个维度;后者共 3 题。于 2014 年 7 月采用方便抽样方法调查西安市结核病胸部肿瘤医院护士。共发放问卷 258 份,回收有效问卷 256 份,有效回收率 99.22%。
结果 256 名临床护士营养知识平均得分(16.12 ± 4.56)分,优良 3 名(1.2%),一般 105 名(41.0%),差 148 名(57.8%);肠内外营养知识、基础营养知识、结核专科营养知识、营养评估相关知识 4 个维度的平均正确率分别为 62.7%、61.1%、51.9%、32.5%。营养知识来源调查显示,55.5% 的护士上学期间未开设过临床营养学课程,75.8% 没有接受过营养知识培训,结核病专科医院护士获取临床营养知识的渠道大多靠平日自学积累获得。
结论 256 名护士结核病临床营养知识现状不尽如人意,普遍缺乏系统营养知识培训,提示需进一步加强在校教育、在职培训,提高临床营养护理质量。

关键词: 结核病; 临床护士; 营养知识; 调查

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Current status of nutrition knowledge of clinical nurses in tuberculosis specialist hospitals (Xi'an Tuberculosis and Thoracic Tumor Hospital/Xi'an Chest Hospital, Xi'an 710061, China)

LI Ya-qin, CHEN Wei, LUO Hui, DU Yi-mei

Abstract: Objective To investigate the status of nutrition knowledge of clinical nurses in tuberculosis specialist hospitals, and to provide a basis for the development of appropriate training strategies and methods.

Methods In July 2014, 256 nurses from Xi'an Tuberculosis and Thoracic Tumor Hospital/Xi'an Chest Hospital were chosen using convenience sampling. They were investigated by a self-designed questionnaire. **Results** The clinical nurses got an average score of 16.12 ± 4.56 in nutrition knowledge. Among them, 3 (1.2%) were excellent, 105 (41.0%) were general, and 148 (57.8%) were poor. The average accuracy rates of enteral and parenteral nutrition knowledge, basic nutrition knowledge, tuberculosis nutrition knowledge, and assessment of nutrition knowledge were 62.7%, 61.1%, 51.9% and 32.5%, respectively. The analysis of nutrition knowledge source showed that 55.5% of nurses did not take the course of Clinical Nutrition during the school, and 75.8% did not receive the training of nutrition knowledge. The access to clinical nutrition knowledge mostly depended on daily self-accumulation. **Conclusion** The current status of nutrition knowledge of clinical nurses in tuberculosis specialist hospitals is not satisfying. The nurses are lack of related systemic training. It is suggested that the school education and on-the-job training should be strengthened to improve nursing quality of

clinical nutrition.

Key Words: Tuberculosis; Clinical nurse; Nutrition knowledge; Investigation

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作者简介: 李亚琴(1966-),女,本科,主任护师,主要从事护理管理工作。

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