

# 重症监护室护士导管相关性血流感染认知行为现状调查

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**摘要:**目的 调查重症监护室(intensive care unit, ICU)护士导管相关性血流感染认知行为的现状。方法 调查2015年8—10月上海交通大学医学院附属新华医院ICU护士200名,采用一般资料调查表、ICU护士导管相关性血流感染认知调查问卷和ICU护士导管相关性血流感染行为调查问卷进行调查。结果 ICU护士导管相关性血流感染认知总得分为6~19分,平均总得分(12.43±2.47)分,处于中等水平。ICU护士导管相关性血流感染行为总得分为69~100分,平均总得分(93.23±7.02)分,得分较好。ICU护士导管相关性血流感染认知的影响因素包括护龄、职位和是否学习过指南;ICU护士导管相关性血流感染行为的影响因素包括护龄和接受培训的方式。结论 应采取分层、分阶段的方法,加强ICU护士导管相关性血流感染知识的相关培训,包括学习指南和定期考核等,提高ICU护士导管相关性血流感染认知行为水平。

**关键词:**重症监护室护士;导管相关性血流感染;认知;行为

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**Investigation on intensive care unit nurses' knowledge and practice for catheter-related bloodstream infection** (*Xinhua Hospital, Shanghai Jiao Tong University School of Medicine, Shanghai 200092, China*)  
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**Abstract: Objective** To investigate the status of intensive care unit (ICU) nurses' knowledge and practice for catheter-related bloodstream infection. **Methods** From August to October 2015, a total of 200 ICU nurses in Xinhua Hospital, Shanghai Jiao Tong University School of Medicine were investigated by a general information questionnaire and a questionnaire of knowledge and practice for catheter-related bloodstream infection. **Results**

The average score of knowledge for catheter-related bloodstream infection was at medium level (12.43 ± 2.47, range 6-19). The average score of practice for catheter-related bloodstream infection was good (93.23 ± 7.02, range 69-100). The influencing factors of knowledge for catheter-related bloodstream infection included working year, job title and learning of the guide. The influencing factors of practice for catheter-related bloodstream infection included working year and way of training. **Conclusion** It is important to strengthen the training of catheter-related bloodstream infection in ICU nurses including learning of the guide, regular appraisal, etc, to improve the nurses' knowledge and practice.

**Key Words:** intensive care unit nurse; catheter-related bloodstream infection; knowledge; practice

中心静脉导管已成为重症监护室(intensive care unit, ICU)不可或缺的医疗装置,但由于穿刺置管属于

有创操作,留置时间长,引起的导管相关性血流感染已成为不可忽视的并发症<sup>[1]</sup>。据报道,在导管使用率相近的情况下,美国ICU中导管相关性血流感染的发生率为2.00例每千置管日,而发展中国家同类ICU中导管相关性血流感染的发生率则高达8.92例每千置管日<sup>[2]</sup>。导管相关性血流感染的高发生率,可加重患者

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